This is just for reference. You can also copy most of it from this. But it will be better if you conduct the practical and write your own interpretation and conclusion. If you wish to contact us, please drop a text via WhatsApp only.

TITLE

RORSCHACH INKBLOT TECHNIQUE/TEST

AIM

To assess the personality structure of the subject by using Rorschach Inkblot Technique

INTRODUCTION

Rorschach Inkblot Technique was developed by Herman Rorschach, a Swiss psychiatrist in 1921 to make a diagnostic investigation of personality as a whole. It should be kept in mind that the Rorschach test is a measure of both intellectual and non-intellectual traits of personality. He investigated with a large number of inkblots art of which only 10 inkblots that differentiated most between various psychiatric syndromes were selected to constitute a test. Thus, Rorschach consists of 10 inkblots each of which contains bilaterally symmetrical printed inkblots. Five inkblots cards (Card I, IV, VI, VII) are made in shades of black and grey, two cards (II, III) contain bright patches of red in addition to shades of black and grey and the remaining 3 cards (VIII, IX, X) contain several pastel shades. This test was made available for use in 1920 and was published along with the manual named Psychodiagnostics (Rorschach, 1921). One of the important characteristics of this technique is that it is unstructured in nature and it stimulates the subject for free imagination, thoughts, conscious, unconscious or subconscious. Therefore this test is known as 'projective test' as in this subject projects his thoughts, hidden

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desires, fantasies, fear, imagination etc. on the inkblot and gives a response. Though Rorschach Inkblot Technique has many uses some of them are listed below:

1. It can be used on severely depleted patients when all the lab investigations have failed to identify any physical or structural abnormality.
2. It can be used for psychiatric diagnosis formulation.
3. It can also be used for cross-cultural research on basic personality structure.
4. It can be used with cases of substance addiction to psychosomatic and functional illness.
5. It can be used to explore the unconscious motive behind a behaviour or personality type.

RELIABILITY

The characteristics tested by Rorschach Method scores a moderate degree of reliability is the form of internal consistency and retest after a relatively brief interval.

VALIDITY

Several methods have been used - Rorschach findings compared with consistent observation of behaviour over an adequate period of time. Matching Rorschach observations with clinical reports.

MATERIALS REQUIRED

A set of 10 inkblots cards

Rorschach Manual

Response sheet

Paper

Pencil

Eraser

Stop watch

Screen

SUBJECT'S PROFILE

NAME   Renuka Mehta
AGE   30 Years
GENDER   Female
EDUCATION   Post Graduate
OCCUPATION   Teacher

PROCEDURE AND ADMINISTRATION

Preparation:
The materials required were arranged and kept ready. Conducive and comfortable environment was provided for the test.

Rapport:
Rapport was established with the subject by having a light and general conversation. The subject was made comfortable and at ease. All the

queries of the subject were attended to carefully and resolved. The subject gave her informed consent to carry out the test.

Instruction:
All the relevant and necessary instructions regarding the test was provided to the subject. The subject was told about the test, its purpose, and what it measures/assess. The subject was told that she would be given 10 cards with colored, non-colored ink blots printed on it. The subject to look carefully at it and respond whatever comes to her mind regarding the form, shape, color of the inkblot and what the inkblot resembles like. The subject was also told that there's no such time limit and that she is free to rotate cards in any direction she wants and that she is free to look at the cards from any perspective she likes. She was also told not to spend too much time on one card thinking and was asked to finish as quickly as possible.

Precautions:
- Cards were shown in a proper way.
- Environment should be peaceful and conducive.
- Lighting and seating arrangement should be comfortable for the subject.
- Confidentiality of the subject's identity and result should be taken care of.

Introspective Report:
Initially the subject was resistant about performing the test. She had many doubts and queries regarding the test, how to do it, what it would assess etc. All the doubts were cleared. The subject was ensured about her confidentiality. Subject looked confused and perplexed as to how to understand it and what to write about it. When she was told how to do it

then in later cards she felt quite confident and at ease. The overall conduction went good.

Scoring and Interpretation:

1. **Location -** The scoring of the location, there are 3 main location categories:
   a. **Whole (W) -** W is scored when the whole inkblot area is perceived for the response. Whole is a whole, even a minute area is not left out.
   b. **Major Details (D) -** Includes a large area of the blot, it should be a separate segment by itself even if the area is small, it should frequently be chosen to attribute to a response.
   c. **Minor Details (Dd) -** It should include a smaller area of the blot, it should be an area infrequently chosen for response. It should be an inner detail of the compact area.
   d. **Space (S) -** When white space is used or included in location of response along with black or colored area, the S is added to the original location categories. A space response is not scored separately. It is rather a part of W, D or Dd. Thus a whole response with white space is WS, a major detail response with white space is DS, and so on.

2. **Determinants -** The following alphabets are used in scoring of determinants of response.
   F = only form response
   F+ = good form level response
   F- = poor form level response
   C = color response
   CF = color dominating form response
   FC = form dominating color response
   Y = black dominating response
   YF = black dominating form response

FY = form dominating black response

T = Texture response
TF = Texture dominating form response
FT = form dominating texture response

V = vista response
VF = vista dominating form response
FV = form dominating vista response
M = Human Movement response

3. **Content Categories -** It is the specific characteristics of the percept content is what the tester reports that she sees on a particular inkblot, plot content is the scoring category used to distinguish and classify all the objects reported by the testee ranging from human beings to animals, nature, mythological character.

4. **Popular Response -** A popular response is a response determined by the frequency of its occurrence in the normal population. A response which is given frequently in the same location by the most of the normal population. All population responses are considered of good form of level.

5. **Original Response -** Those responses which are not represented frequently by the normal population are considered as testee's original response.

Scoring and Interpretation

Location

1. **W -** 10% - the subject has scored below 40-50%. Therefore this indicates that she has management skills and task arranging

capacity.

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2. **D -** 70% - the subject has scored above 40-50%. Therefore this indicates that she would have an impractical approach towards things.
3. **L -** 20% - the subject has scored more than 10% that means she has a tendency of less perfections on tiny and minute things.

Determinants -

(i) M - 51%
(ii) F - 50%
(iii) FL - 5%
(iv) V - 5%
(v) C - 25%
(vi) CF - 5%
(vii) FV - 5%
(viii) M - 5%
(ix) M - 0%

The subject has not scored on this which means she doesn't have any inner aggression.

Responses - The subject has given 20 responses in total which is normal and however responses are related to productivity, subject has normal productivity.

Average Response Time (ART)

ART = Total Time / No. of Responses = 40 min / 20 = 2 minutes

The average response time is greater than 30-60 sec. Hence that means the subject was little slow and she may also be depressed:

Average Response Time (Chromatic Cards)

= Total time for Chromatic Cards / No. of responses

= 77/11 = 7 sec/response

Average Response Time (Achromatic Cards)
= Total time for Achromatic Cards / No. of response
= 1.85 min / 6 = 18.5 sec/response.

Thus, average response time (7 sec) is less for chromatic cards than achromatic cards. This shows a tendency for depression, anxiety and phobias.

Reaction Time = Total reaction time on each card / 10
$$= 187 / 10 = 18.7 \text{ sec}$$

The subject's average reaction time is 18.7 sec which lies in the range of 5-20 sec. Thus has no interpretation.

Total Reaction Time = Total Time / 10 = 187 / 10 = 18.7 sec

Response Time = 30 / 10 = 3 min

Affective Ratio
= Total response of cards 8, 9, 10 / Total response of cards 1 to 7
= 3+3+2 / 2+1+1+1 = 8 / 6 = 1.33

Experience Balance - Total M / $\sum$ C = 1 / 5 X 1.5 = 1 / 7.5 = 0.13

Experience Actual - M + C = 1 + 5 = 6

Animal Percentage A% - (A+Ad/R X 100) = 7/20 X 100 = 35%

L = $\sum$ F / R - $\sum$ F = 10 / 20-10 = 1

F-plus Percentage (F+%) = F+ / [(F+) + (F-)] X 100
$$= 6/6+4 \text{ X } 100 = 0.6 \text{ X } 100 = 60\%$$

Content = M-1
         A-7

The 'A' on animal content is 35% and therefore denotes poor adjustment.

Popular Responses - The subject has 8 popular responses which means that the subject conforms to the norms of society and is also somewhat creative.

Summary Chart

R=20	F+=6	M=1	D=14
W=1	F-=4	P=8	Dd=4
A=7	C=5	M=1	Fc=1
CF=1	EV=1	V=1	Alt=2
BL=2	Bt=2	CP=1	SC=1
Mn=1	Na=1	My=1	L=1

F+%=60%   A%=35%   RT=3 MIN
Reaction time = 18.75
Affective ratio = 1.33
Exp. B = 0.13
Exp. A = 6

Discussion:
The subject is a 30 year old female. She is married and is found to be on a normal level of intellectual functioning.
The Rorschach protocol suggests that the subject's thought processes and imaginative capacity are low (RT is high). Here R=20 and P is high, content category is normal/above normal, however the creativity in her

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cognitive skill is less (M is low). Her behaviour is entirely governed by her emotions outside (C is high).

Her interpersonal relationships seem to be poor (H and Hd low). She tends to suspect the intention of others and even tends to become hostile to them (perception of blood, aggressive, animals, sword, etc.) Her ego strength or reality orientation has declined to a significant degree (F+% low) and her adaptive capacity is low (A% low). Her emotional life is uncontrolled (Exp B is low and high) and Aff. Ratio is high.